

To whom it may concern:

As a community youth worker (CYW), it is my responsibility to rehabilitate youth involved in the Criminal Justice System. Rehabilitation occurs through skill building with the youth and connecting them to external supports such as: school, counsellors, mentors, programming, and/or extracurricular activities.

Considering the overlap between the health curriculum and the skill building taught with youth involved in the criminal justice system, health education is something I am passionate about teaching in the future. Once I have completed my Bachelor of Education, I hope to teach in an intensive support program at Victoria Campus. Currently, intensive support programs are module based. Despite this, I hope to make health education engaging and culturally relevant by incorporating memorable and meaningful learning experiences to ensure students are understanding and retaining health outcomes. Further, I would love to create an afterschool group for interested students that involves skill building around positive coping and mindfulness while also incorporating healthy activities such as yoga and exercise.

Thank you,

Mikaela Wentzell